

## Happy Heart Health

Beauty • Aesthetics • Healthcare

# Permanent Makeup

*Wake up ready • Soft, natural definition*



## What we offer

---

- Brows: natural definition (soft shading / powder-style look)
- Eyeliner: subtle lash-line enhancement to define the eyes
- Lips: lip blush to improve tone and shape (soft, natural colour)
- Touch-ups and colour refresh options (as advised)

## Why clients love it

---

- Saves time each morning
- Smudge-proof definition (no daily pencil/liner)
- Shape and colour customised to you
- Great for active lifestyles and busy routines

## Best for

---

- Sparse or uneven brows
  - Faded lip colour or uneven tone (appearance)
  - Clients wanting consistent definition every day
  - Those who struggle with makeup application
- 

## What to expect

---

- Consultation and shape/colour planning
- Pre-draw and approval before we begin
- Gentle application with comfort steps
- Aftercare guidance and healing timeline
- A follow-up touch-up may be recommended

## Healing (typical)

---

Initial colour may look stronger at first. As the area heals, results soften and even out. Final results are usually best judged after the full healing period.

## Aftercare tips

---

- Keep the area clean and avoid touching
  - Avoid swimming, saunas, and heavy sweating during early healing
  - Avoid sun exposure and use SPF once healed (as advised)
  - Do not pick/flaking — allow natural healing
  - Follow your customised aftercare instructions closely
-

## Brows

---

A soft, natural-looking brow enhancement designed to improve shape and definition while keeping the look balanced and flattering.

## Common goals

---

- Fill sparse areas and improve symmetry
- Create a soft, tidy brow shape
- Enhance colour and definition
- Reduce the need for daily brow pencil

## Good to know

---

- A patch test may be advised for sensitive clients
- Avoid strong skin treatments near brows before/after (as guided)
- Results vary based on skin type and aftercare



## Eyeliner & Lips

### Eyeliner (lash-line)

---

A subtle enhancement placed along the lash line to define the eyes. Great for clients who want a clean, awake look without daily liner.

### Lip blush

---

A soft wash of colour to improve the look of lip tone and shape. Designed to look natural — not like heavy lipstick.

### Who should postpone?

---

- Active infection, irritation, or broken skin in the area
- Recent cosmetic procedures in the area (please disclose)
- If pregnant/breastfeeding, or with medical conditions—ask for guidance first
- If you are prone to cold sores, tell us before lip treatments



## Bookings

---



**happyhearhealth.co.za**

Cell: 084 250 3197

Email: [happyhearhealth1@gmail.com](mailto:happyhearhealth1@gmail.com)

Address: 5 Brink Street, Bultfontein

### Cancellation policy

---

If you need to cancel or move an appointment, please give 24 hours' notice. Late cancellations or missed appointments may result in a charge. If you are more than 15 minutes late, your appointment may be treated as a no-show.

Disclaimer: Results vary. Permanent makeup fades over time and may require touch-ups. We'll confirm suitability during consultation.

---